



ESTRO PROJECT

ORTHOPEDIC SHOTS

OCTOBER 3-5, 2025 · VOGUE SUPREME BODRUM

SCIENTIFIC PROGRAM





DAY-1 OCTOBER 3, 2025 Friday

13.00 - 13.15 Opening and Introduction to the Meeting Format

13.15 - 14.30 SESSION 1: SHOULDER JOINT

Moderators: Dr. Gökhan Ayık, Dr. Gazi Huri

- 13:15 – 13:30 Current Approaches in Shoulder Dislocation *Gazi Huri*
13:30 – 13:45 Non-Anatomic Treatments in Shoulder Dislocation *İzzet Bingöl*
13:45 – 14:00 Rotator Cuff: Current Surgical Options *Gazi Huri*
14:00 – 14:15 Current Approach to Irreparable Tears *Mehmet Demirtaş*
14:15 – 14:30 AC Joint Dislocations *Gazi Huri*

14.30 - 14.45 Coffee Break

14.45 - 16.00 SESSION 2: SHOULDER CASE DEBATES

Moderator : Dr. Gazi Huri

Debaters : Dr. Mehmet Demirtaş, Dr. Gökhan Ayık, Dr. İzzet Bingöl, Dr. Gazi Huri

Case 1: First-time / Recurrent Shoulder Dislocation in a Young Patient

Case 2: Repairable Rotator Cuff Tears

Case 3: Irreparable Massive Rotator Cuff Tear

Case 4: Proximal Biceps Tendon Issues

Case 5: Failed Shoulder Instability



DAY-2 OCTOBER 4, 2025 Saturday

09.00 - 10.00 SESSION 3: KNEE JOINT

Moderators: Dr. Mustafa Akkaya, Dr. Gökhan Ayık

- 09:00 – 09:15 Meniscus Root Tears – How Do I Repair Them? *Egemen Turhan*
09:15 – 09:30 Meniscal Defects and Transplantation Techniques *Mustafa Akkaya*
09:30 – 09:45 Treatment of Cartilage Defects in Athletes *Emmanouil Papakostas*
09:45 – 10:00 Why Are Ramp Lesions Important? *Ömer Özel*

10.00 - 10.15 Coffee Break

10.15 - 11.00 SESSION 4: KNEE SURGERY CASE DEBATES – MENISCUS

Moderator : Dr. Egemen Turhan

Debaters : Dr. Emmanouil Papakostas, Dr. Bruno Olory, Dr. Ahmet Atay, Dr. Özgür Basal

Case 1: Complex Meniscus Tear

Case 2: Meniscus Root Tear in an Athlete

Case 3: Cartilage Defect

11.00 - 12.00 SESSION 5: ANTERIOR CRUCIATE LIGAMENT (ACL)

Moderators: Dr. Bruno Olory, Dr. Egemen Turhan

- 11:00 – 11:15 Graft Options *Egemen Turhan*
11:15 – 11:30 ACL + LET: How Do I Do It? *Emmanouil Papakostas*
11:30 – 11:45 All-Inside ACL: How Do I Do It? *Ahmet Atay*
11:45 – 12:00 ACL + ALLR: How Do I Do It? *Bruno Olory*

12.00 - 13.30 Lunch Break

13.30 - 14.00 SESSION 6: KNEE SURGERY CASE DEBATES – ACL

Moderators : Dr. Gazi Huri, Dr. Gökhan Ayık

Debaters : Dr. Emmanouil Papakostas, Dr. Bruno Olory, Dr. Ahmet Atay, Dr. Özgür Basal

Case 1: Graft Selection

Case 2: Is Additional Stabilization Necessary? (LET / ALL)

Case 3: When Is Osteotomy Required?



DAY-2 OCTOBER 4, 2025 Saturday

14.00 - 14.30 SESSION 7: FEMOROACETABULAR IMPINGEMENT (FAI)

Moderators: Mehmet Erdil, Özgür Başal

14:00 – 14:15 Management of FAI in Athletes *Mehmet Erdil*

14:15 – 14:30 How Do I Perform Capsular Repair? *Özgür Başal*

14.30 - 14.45 Coffee Break

14.45 - 15.15 SESSION 8: HIP CASE DEBATES

Moderator : Dr. Gökhan Ayık

Debaters : Mehmet Erdil, Özgür Başal

Case 1: Athletic FAI + Labrum Lesion (Combined Case)

Case 2: Borderline Hip Dysplasia

15.15 - 16.00 SESSION 9: ANKLE INJURIES

Moderators: Bruno Olory, Gökhan Ayık

15:15 – 15:30 Recurrent Ankle Instability *Bruno Olory*

15:30 – 15:45 Achilles Tendon Repair: Acute / Chronic *Gökhan Ayık*

Case Discussions

Case 1: Ankle Instability

Case 2: Achilles Tendon Rupture



DAY-3 OCTOBER 5, 2025 Sunday

09.00 - 10.30 SESSION 10: UPPER EXTREMITY CASE DISCUSSION

Moderators: Gazi Huri, Gökhan Ayık

10.30 - 12.00 SESSION 11: LOWER EXTREMITY CASE DISCUSSION

Moderator: Mustafa Akkaya

12:00 – 13:00 Open Discussion Based on Participant Cases